



Redbank Valley JR/SR High School

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday	
2 Cheeseburger OR Hardshell Taco w/ Churro	3 Ravioli & Garlic Breadstick OR Big Daddy Cheese Pizza	4 Ham & Turkey Club Sandwich OR Jalapeno Ranch Chicken Flatbread	5 Chicken Patty on Bun OR Sloppy Joe on Bun	6 No School! Autumn Leaf	LOOKING FOR CAFETERIA SUBSTITUTES. IF INTERESTED PLEASE PICK UP AN APPLICATION AT HIGH SCHOOL OFFICE
9 Rotini W/ Meatsauce OR French Toast Sticks/Syrup, Sausage & Egg Patty	10 Chicken Nuggets w/ side of Mac and Cheese OR Ham, Egg, & Cheese Croissant	11 Hot Dog w/ Nacho Cheese or Chili Sauce OR Chicken & Gravy Over Biscuits, Mashed Potatoes, & Gravy	12 Meatball Sandwich OR Buffalo Chicken Twister	13 Beef Burrito OR Popcorn Shrimp & Toasted Cheese	All Lunches Served with choice of milk. Online payment options at www.myschoolbucks.com
16 Walking Taco w/ Churro OR Ham & Turkey Sub	17 Salad Bar w/ Dinner Roll OR Pepperoni Pizza	18 Chicken Noodle or Tomato or Ham & Bean Soup w/ Ham & Cheese or Toasted Cheese Sandwich	19 BBQ Rib Sandwich OR Salisbury Steak w/ mashed Potatoes, Gravy & Roll	20 Stuffed Shells w/ Garlic Breadstick OR Breaded Fish Sandwich OR Queso Soup & Tortilla Chips	Breakfast is FREE TO ALL STUDENTS. Please stop in and start your day off in the cafeteria.
23 Hot Italian Sub OR Lasagna Roll up w/ Pink Alfredo Sauce	24 Taco Salad w/ Churro OR Grilled Chicken Sandwich	25 Chicken Nuggets w/ side of Mac and Cheese OR Ham, Egg, & Cheese Croissant	26 Buffalo Chicken Pizza OR Ham & Cheese Bagel	27 Italian Chicken w/ side of Ziti OR Pulled Pork Sandwich	You can apply for Free & Reduced lunches at any time during the year. Please visit paschoolmeals.com to apply or call the cafeteria for a paper application
30 Chili & Toasted Cheese Sandwich OR Chicken Fajita	31 Pizza Sandwich OR Hamburger on Bun	1 Southwest Steak Wrap OR Lasagna	2 Chef Salad OR Browned Beef & Gravy	3 Cheeseburger Mashed Potato Bowl OR Popcorn Chicken	Follow us on Twitter @rbvalleycafe **Menu subject to change without notice**