



September 2023 JR/SR High School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday	
28 French Toast Sticks, Muffins OR Cereal	29 Breakfast Pizza OR Cereal	30 Toasted Cheese Sandwich OR Cereal	31 Donuts, Cinnamon Roll OR Cereal	1 Sausage, Egg & Cheese Bagel OR Funnel Cake OR Cereal	Both breakfast and lunch meals are served at NO COST (Free) to students for the 2022-23 school year. Ala carte options do cost extra
4 LABOR DAY NO SCHOOL	5 Breakfast Pizza OR Cereal	6 Toasted Cheese Sandwich OR Cereal	7 Donuts, Cinnamon Roll OR Cereal	8 Sausage, Egg & Cheese Bagel OR Funnel Cake OR Cereal	Parents, need extra money? We are in search of daily cafeteria workers & substitute cafeteria workers. If interested please stop in and pick up an application
11 French Toast Sticks, Muffins OR Cereal	12 Breakfast Pizza OR Cereal	13 Toasted Cheese Sandwich OR Cereal	14 Donuts, Cinnamon Roll OR Cereal	15 Sausage, Egg & Cheese Bagel OR Funnel Cake OR Cereal	
18 French Toast Sticks, Muffins OR Cereal	19 Breakfast Pizza OR Cereal	20 Toasted Cheese Sandwich OR Cereal	21 Donuts, Cinnamon Roll OR Cereal	22 Sausage, Egg & Cheese Bagel OR Funnel Cake OR Cereal	We are still experiencing supply chain shortages. Thank you for your patience and understanding with any and all menu changes
25 French Toast Sticks, Muffins OR Cereal	26 Breakfast Pizza OR Cereal	27 Toasted Cheese Sandwich OR Cereal	28 Donuts, Cinnamon Roll OR Cereal	29 Sausage, Egg & Cheese Bagel OR Funnel Cake OR Cereal	Online payment options at www.myschoolbucks.com

Alternative entrée options of Chef's salad, Smucker's Uncrustables, Pizza or Chicken Patty served daily.

Students may choose one of the daily entree choices that include a protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables, and a milk serving. STUDENTS MUST CHOOSE AT LEAST 3 OF 5 MENU COMPONENTS TO MAKE A COMPLETE MEAL, ONE OF WHICH MUST BE A FRUIT OR VEGETABLE.