

Redbank Valley JR/SR High School January 2024

Monday	Tuesday	Wednesday	Thursday	Friday	
1 NEW YEARS DAY NO SCHOOL	2 Snow make up day NO SCHOOL	3 Breaded Chicken Hoagie	4 Chicken Fajita w/ soft pretzel rod	5 Hotdog w/ nacho cheese OR Chili sauce	LUNCH & BREKFAST ARE FREE TO ALL STUDENTS FOR THE 2022-2023 SCHOOL YEAR
8 Chicken Nuggets w/ side of mac n cheese	9 Hot Ham & Cheese on Pretzel bun	10 Brown Beef & gravy over mashed potatoes	11 Buffalo chicken Salad w/ dinner roll	12 Popcorn Shrimp & Toasted Cheese sandwich	Parents, the cafeteria is hiring multiple positions. If interested pick up an application at district office.
15 NO SCHOOL ACT 80 DAY	16 Walking Taco w/ churro	17 Oven Roasted Chicken w/ mashed potatoes & gravy	18 Buffalo Chicken Dip	19 Breaded Ravioli w/ cheesy breadstick	
22 General Tso or Mandarin Orange Chicken w/ fried rice & egg roll	23 BBQ Rib Sandwich	24 Brunch for lunch French toast sticks Sausage and Egg Patty	25 Meatball Sandwich	26 Nachos & Cheese w/ Texas beef and soft pretzel	
29 Southwest Steak wrap	30 Chicken Noodle OR Tomato soup w/ toasted cheese sandwich	31 Cheeseburger mashed potato bowl	1 Pulled Pork Nachos	2 Buffalo Chicken Twister	
Alternative entrée options of Smucker’s Uncrustables, Pizza or Chicken Patty served daily. Students may choose one of the daily entree choices that include a protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables, and a milk serving. STUDENTS MUST CHOOSE AT LEAST 3 OF 5 MENU COMPONENTS TO MAKE A COMPLETE MEAL, ONE OF WHICH MUST BE A FRUIT OR VEGETABLE.					