



Redbank Valley Intermediate School

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday	
3 Chicken Patty (Plain or Hot & Spicy) Broccoli w/ Cheese Sauce, Sweet Potato Fries Mandarin Oranges	4 Corndog on Stick w/ Cheez IT Crackers Garden Salad Green Beans Peaches	5 Cheese & Potato Pierogies w/ Roll OR Bacon Turkey Wrap Tossed Salad Baby Carrots Baked Beans, Pears	6 Chicken Tenders w/ WG Roll Tossed Salad Tater Tots Applesauce	7 Popcorn Shrimp w/ 1/2 Toasted Cheese Sandwich Sweet Potatoes Corn Fresh Apple Slices	Anyone who would like to apply for FREE/REDUCED meals please visit www.schoolcafe.com to apply or call the cafeteria for a paper application
10 Spaghetti w/ Meat Sauce & Garlic Breadstick Tossed Salad Green Beans Pears	11 Tomato or Chicken Noodle Soup w/ Toasted Cheese or Ham/Chs Sandwich Garden Salad, Baked Beans, Peaches	12 Pulled Pork Sandwich Garden Salad Sweet Potato Fries Applesauce	13 Browned Beef & Gravy over Mashed Potatoes & Bread Slice w/ Butter Garden Salad, Corn, & Pineapple	14 Chicken Fingers w/ WG Roll Garden Side Salad Broccoli w/ Cheese Mandarin Oranges	Looking for cafeteria substitute workers. If interested pick up an application at district office.
17 Mini Raviolis w/ Garlic Breadstick Tossed Salad California Veggies Peaches	18 Turkey Stuffing Casserole w/ Mashed Potatoes & Gravy Garden Salad Corn Mandarin Oranges	19 Mandarin Orange Chicken w/ Fried Rice & Egg Roll Tossed Salad Sweet Potato Pears	20 Hamburger on Bun Celery Sticks Broccoli w/Cheese sauce Fresh Baby Carrots Applesauce	21 Pepperoni Pizza Green Beans Fruit Cocktail	Follow us on Twitter @rbvalleycafe **Menu subject to change without notice
24 No School! Winter Break	25 No School! Winter Break	26 No School! Winter Break	27 No School! Winter Break	28 No School! Winter Break	Happy Holidays to everyone and their families from all of us at the Redbank Valley cafeteria. Please travel safely
31 No School! Winter Break	1 No School! Winter Break	No School! Winter Break	3 Pulled Pork Sandwich Garden Salad Corn Applesauce	4 Spaghetti w/ Meat Sauce & Garlic Breadstick Garden Salad Green Beans Pears	All Lunches Served with choice of milk. Online payment options at www.myschoolbucks.com

Yogurt, String Cheese, Brown Rice, daily fruit/veggie	Hamburger no bun, Brown Rice, daily fruit/veggie	Yogurt, String Cheese & Brown Rice, daily fruit/veggie and milk	Hotdog (no bun) and Brown Rice, daily fruit/veggie	Yogurt, String Cheese & Brown Rice, daily fruit/veggie	Daily Alternative option. *Just so happens this option is Gluten Free*
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