



# Redbank Valley Primary School

# October 2020

Monday	Tuesday	Wednesday	Thursday	Friday	
<b>28</b> <b>Brunch For Lunch</b> French Toast stick, Sausage & Egg Patty Tator Tots Peaches	<b>29</b> Cheeseburger on Bun Garden Salad Fresh Broccoli Florets Green Beans Pears	<b>30</b> Chicken & Ranch Twister Garden Salad Cucumber slices Fresh Orange Slice	<b>1</b> Pulled Pork Sandwich Garden Salad Sweet Potato Fries California Veggies Pineapple	<b>2</b>  <b>NO SCHOOL</b>  <b>Autumn Leaf</b>	<b>Lunch &amp; Breakfast are free to ALL students through December 31<sup>st</sup> or until the USDA stops the program</b>
<b>5</b> Cheese Pizza  Garden Salad Corn Pineapple	<b>6</b> Spaghetti w/ meat sauce & garlic bread stick Garden Salad Green Beans Carrots Pears	<b>7</b> Chicken Fingers w/ Multigrain Roll  Garden Salad Broccoli w/ Cheese Peaches	<b>8</b> Mini Corndogs  Garden Salad Baked Beans Applesauce	<b>9</b> Popcorn Shrimp w/ 1/2 Toasted Cheese Sandwich Sweet Potato Fries Fresh Orange Slice	You can apply for Free & Reduced lunches at any time during the year. Please visit <a href="http://paschoolmeals.com">paschoolmeals.com</a> to apply or call the cafeteria for a paper application
<b>12</b> Chicken Patty Garden Salad Baked Beans Peas Pineapple	<b>13</b> Ham & Turkey Sub <b>OR</b> Meatball Sandwich Garden Salad Cherry Tomatoes Peaches	<b>14</b> Breaded Chicken Leg  Garden Salad Green Beans Pears	<b>15</b> Hot Dog on Bun Garden Salad Broccoli w/ Cheese Cucumber Slices Applesauce	<b>16</b> Galaxy Pizza  Celery Sticks California Veggies Fruit Cocktail	Looking for cafeteria substitute workers. If interested pick up an application at district office..
<b>19</b>  <b>NO SCHOOL</b>   <b>ACT 80 DAY</b>	<b>20</b> Chicken Nuggets w/ side of Mac n Cheese Garden Salad Baked Beans Fresh Orange Slice	<b>21</b> Pepperoni Pizza Garden Salad Broccoli w/ Cheese Sweet Potato Fries Fruit Cocktail	<b>22</b> Nachos & Cheese w/ Texas beef & rice and Soft Pretzel rod Garden Salad Corn Pears	<b>23</b> Raviolis w/ Garlic Breadstick Green Beans Celery Sticks Applesauce	All Lunches Served with choice of milk.  Online payment options at <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>
<b>26</b> Browned Beef & Gravy over mashed potatoes w/ bread slice Garden Salad Peaches	<b>27</b> Hamburger on Bun  Garden Salad Green Beans Celery Sticks Applesauce	<b>28</b> Breaded Mozzarella Sticks w/ Dipping sauce Garden Salad Baked Beans Fresh Orange Slice	<b>29</b> Toasted Cheese Sandwich  Garden Salad Fresh Carrots Pears	<b>30</b> Cheese Pizza  Broccoli w/ Cheese Sweet Potatoes Fruit Cocktail	Follow us on Twitter @rbvalleycafe  **Menu subject to change without notice**

We have a **PEANUT FREE**, WOW BUTTER & GRAPE JELLY SANDWICH available as a daily option for those students who enjoy the taste of PB & J. For information on the sandwich go to <https://albies.com/ez-jammers/>

Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hamburger (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hot Dog (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Daily Alternative Option. *This option is GLUTEN FREE*
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