



Redbank Valley Primary School

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday	
2 Chicken Patty (Plain or Hot & Spicy) Broccoli w/ Cheese Sauce, Sweet Potato, & Strawberries	3 Corndog on Stick w/ Cheez IT Crackers Garden Salad Green Beans Peaches	4 Cheese & Potato Pierogies w/ Roll OR Bacon Turkey Wrap Baby Carrots Green Beans Pears	5 Chicken Tenders w/ WG Roll Garden Side Salad Green Beans Broccoli w/ Cheese Applesauce	6 NO SCHOOL Autumn Leaf	Looking for cafeteria substitute workers. If interested pick up an application at district office.
9 Browned Beef & Gravy over Mashed Potatoes & Bread Slice w/ Butter Garden Salad, Corn, & Pineapple	10 Tomato or Chicken Noodle Soup w/ Toasted Cheese or Ham/Chs Sandwich Garden Salad, Baked Beans, Fresh Carrots	11 Chicken Fingers w/ Multigrain Roll Garden Salad Broccoli w/ Cheese Peaches	12 Pulled Pork Sandwich Garden Salad Green Beans French Fries Applesauce	13 Popcorn Shrimp w/ 1/2 Toasted Cheese Sandwich Sweet Potatoes Fresh Orange Slice	You can apply for Free & Reduced lunches at any time during the year. Please visit paschoolmeals.com to apply or call the cafeteria for a paper application
16 Chicken Patty Garden Salad Baked Beans Peas Pineapple	17 Ham & Turkey Sub OR Meatball Sandwich Garden Salad Cherry Tomatoes Peaches	18 Spaghetti w/ Meat Sauce & Garlic Breadstick Garden Salad Green Beans Pears	19 Taco Salad OR Hot Dog on Bun Broccoli w/ Cheese Cucumber Slices Applesauce	20 Fish Sticks w/ Goldfish Crackers OR Cheese Pizza Celery Sticks Sweet Potatoes Fruit Cocktail	Breakfast is FREE TO ALL STUDENTS . Please stop in and start your day off in the cafeteria.
23 Hot Ham & Cheese Bagel Garden Salad Tater Tots Peaches	24 Chicken Nuggets w/ side of Mac n Cheese Garden Salad Baked Beans Fresh Orange Slice	25 Pepperoni Pizza Garden Salad Broccoli w/ Cheese Sweet Potatoes Fruit Cocktail	26 Open faced Hot Roast Turkey Sandwich w/ Mashed Potatoes & Gravy Garden Salad Pears	27 Mini Raviolis w/ Garlic Breadstick Green Beans Celery Sticks Applesauce	All Lunches Served with choice of milk. Online payment options at www.myschoolbucks.com
30 Chicken & Ranch Twister Tater Tots Peaches	31 Hamburger on Bun Garden Salad Green Beans Celery Sticks Applesauce	1 Steak Salad w/ MG roll OR Pizza Bites w/ Dip Sauce Garden Salad Baked Beans Fresh Orange Slice	2 Toasted Cheese Sandwich Garden Salad Fresh Carrots Pears	3 Cheese Pizza Broccoli w/ Cheese Sweet Potatoes Fruit Cocktail	Follow us on Twitter @rbvalleycafe **Menu subject to change without notice**

Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hamburger (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hot Dog (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Daily Alternative Option. *This option is GLUTEN FREE*
-------------------------------------------------------	----------------------------------------------------	-------------------------------------------------------	--------------------------------------------------	-------------------------------------------------------	--------------------------------------------------------

