



Redbank Valley Intermediate School

May 2017

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|---|---|---|--|--|--|
| 1 Spaghetti w/ Meat sauce & Garlic Breadstick Garden Salad Green Beans Pears | 2 Walking Taco Garden Salad Peas AppleSauce | 3 Chicken Patty (Plain or Hot/spicy) Garden Salad Baked Beans Cherry Tomatoes Pineapple | 4 Pulled Pork Sandwich Garden Salad Green Beans French Fries Applesauce | 5 Popcorn Shrimp w/ ½ Toasted Cheese Sandwich Broccoli w/ cheese Sweet Potatoes Fruit Cocktail | Breakfast is FREE TO ALL STUDENTS . Please stop in and start your day off in the cafeteria. |
| 8 Chicken & Ranch Twister Tator Tots Peaches | 9 Steak Salad w/ multi grain roll OR Pizza Bites w/ dip sauce Garden Salad Baked Beans Fresh Orange slice | 10 Hamburger on Bun Garden Salad Garden Salad Fresh Carrots Pears | 11 Cheese & Potato Pierogies w/ Roll OR Bacon Turkey Wrap Green Beans Celery Sticks Applesauce | 12 Chicken Nuggets w/ side of Mac n Cheese Broccoli w/ cheese Sweet Potatoes Fruit Cocktail | You can apply for Free & Reduced lunches at any time during the year. Please visit paschoolmeals.com to apply or call the cafeteria for a paper application |
| 15 Ham & Turkey Sub OR Meatball Sandwich Baked Beans Peas Pineapple | 16 Pulled Pork Sandwich Garden Salad Sweet Potatoes Peaches | 17 Browned Beef & Gravy over Mashed Potatoes & bread slice w/ butter Garden Salad Green Beans Pears | 18 Chicken Tenders w/ WG Roll Broccoli w/ Cheese Cucumber slices Applesauce | 19 Softshell Taco w/ Lettuce OR Chicken & Ranch Flatbread California Veggies Fruit Cocktail | Follow us on Twitter @rbvalleycafe **Menu subject to change without notice** |
| 22 Mini Raviolis w/ Garlic Breadstick Green Beans Peas Pears | 23 Pepperoni Pizza Baked Beans French Fries Applesauce | 24 Cook's choice | 25 Cook's choice | 26 NO SCHOOL | Looking for cafeteria substitute workers. If interested pick up an application at district office |
| 29 No School! Memorial Day | 30 SUMMER | 31 VACATION | 1 HAVE | 2 FUN | Have a safe and wonderful summer vacation. |
| Yogurt, String Cheese, Brown Rice, daily fruit/veggie | Hamburger no bun, Brown Rice, daily fruit/veggie | Yogurt, String Cheese & Brown Rice, daily fruit/veggie and milk | Hotdog (no bun) and Brown Rice, daily fruit/veggie | Yogurt, String Cheese & Brown Rice, daily fruit/veggie | Daily Alternative option. *Just so happens this option is Gluten Free* |