



Redbank Valley Intermediate School

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday	
1 Hot Ham & Cheese Bagel Garden Salad Tater Tots Peaches	2 Taco Salad OR Hot Dog on Bun Garden Salad Corn Pears	3 Cheese & Potato Pierogis w/ Roll OR Bacon Turkey Wrap Broccoli w/ Cheese Sauce, Sweet Potato Pineapple	4 Pulled Pork Sandwich Garden Salad Baked Beans, Fresh Carrots Apple sauce	5 Cheese Pizza Garden Salad Green Beans French Fries Applesauce	
8 Ham & Turkey Sub Garden Salad Baked Beans California Veggies Fresh Carrots Pears	9 Browned Beef & Gravy over Mashed Potatoes & bread slice w/ butter Garden Salad Corn Pineapple	10 Chicken Fingers w/ multigrain Roll Garden Salad Broccoli w/ Cheese sauce Peaches	11 Pepperoni Pizza Garden Salad Green Beans French Fries Applesauce	12 Mozzarella filled Breadstick & breaded raviolis w/pizza dip sauce Garden Salad Peas Sweet Potato Fresh Orange Slice	
15 Chicken Patty (Plain or Hot and Spicy) Garden Salad Baked Beans Peas Pineapple	16 Mandarin orange Chicken, Fried Rice & Egg Roll Garden Salad Broccoli w/ Cheese Cucumber slices Corn Applesauce	17 Tomato or Chicken Noodle Soup w/ Toasted Cheese or Ham/Chs Sandwich Celery Sticks Sweet Potato Fries Fruit Cocktail	18 Spaghetti noodles w/ Meat sauce & Garlic Breadstick Garden Salad Green Beans California Veggies Pears	19 NO SCHOOL GOOD FRIDAY	
22 Bosco Breadstick w/ dipping sauce OR Sloppy Joe/bun Garden Salad Tator Tots Fresh Carrots Pears	23 Chicken Nuggets w/ side of Mac n Cheese Garden Salad Baked Beans Peas Fresh Orange slice	24 Steak Salad w/ MG roll OR Mozzarella sticks w/ Dip Sauce Garden Salad Broccoli w/ cheese Corn Fruit Cocktail	25 Chicken Bacon Ranch Melt Garden Salad Sweet Potato Fries California Veggies Peaches	26 Mini Raviolis w/ Garlic Breadstick Garden Salad Green Beans Celery Sticks Applesauce	
29 Popcorn Chicken w/ Garlic Bread Stick Garden Salad Baked Beans Peas Pineapple	30 Buffalo Chicken Dip Garden Salad Broccoli w/ Cheese Cucumber slices Corn Applesauce	1 Spaghetti Noodles w/ chicken Alfredo Sauce & Garlic Brd Stick Garden Salad Celery Sticks Sweet Potato Fries Fruit Cocktail	2 Corndog on a stick w/ Cheez its Garden Salad Sweet Potato Fries California Veggies Peaches	3 Popcorn Shrimp & Toasted Cheese Sandwich Garden Salad Green Beans Celery Sticks Peaches	
Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hamburger (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hot Dog (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Daily Alternative Option. *This option is GLUTEN FREE*

