



Redbank Valley Intermediate School

March 2019



	Monday	Tuesday	Wednesday	Thursday	Friday	
	4 Hot Ham & Cheese on Pretzel Roll Garden Salad Tater Tots Peaches	5 Corn dog on Stick w/ Cheez IT Crackers Garden Salad Apple Slices Peas Pears	6 Cheese Pizza Garden Salad Baked Beans, Fresh Carrots Fruit Cocktail	7 Walking Taco Garden Salad Corn Pineapple	8 Mini Raviolis w/ Garlic Breadstick Garden Salad Green Beans French Fries Applesauce	Looking for cafeteria substitute workers. If interested pick up an application at district office. You can apply for Free & Reduced lunches at any time during the year. Please visit paschoolmeals.com to apply or call the cafeteria for a paper application New menu items this month that the cafeteria is excited about. Hopefully you enjoy them and they become new favorites All Lunches Served with choice of milk. Online payment options at www.myschoolbucks.com **Menu subject to change without notice
	11 Taco Salad OR Hotdog w/ bun Garden Salad Green Beans French Fries Applesauce	12 Chicken Bacon Ranch Melt OR Hamburger on bun Garden Salad Broccoli w/ Cheese sauce Peaches	13 Browned Beef & Gravy over Mashed Potatoes & bread slice w/ butter Garden Salad Corn Pineapple	14 Chicken Fingers w/ multigrain Roll Garden Salad Baked Beans Fresh Carrots Pears	15 Popcorn Shrimp w/ 1/2 Toasted Cheese Sandwich Sweet Potatoes Fries Fresh Orange Slice	
	18 Spaghetti noodles w/ Meat sauce OR chicken w/ alfredo sauce & Garlic Breadstick Garden Salad Green Beans Pears	19 Parmesan-Alfredo Meatball in a bread bowl OR Cheese Pizza Garden Salad Baked Beans Peas Pineapple	20 Mandarin orange Chicken, Fried Rice & Egg Roll Garden Salad Broccoli w/ Cheese Cucumber slices Applesauce	21 Tomato or Chicken Noodle Soup w/ Toasted Cheese or Ham/Chs Sandwich Celery Sticks Sweet Potato Fries Fruit Cocktail	22 Mozzarella filled Breadstick & breaded raviolis w/pizza dipping sauce Garden Salad Tater Tots Cherry Tomatoes Peaches	
	25 Chicken Nuggets w/ side of Mac n Cheese Garden Salad Apple Slices Baked Beans Fresh Orange slice	26 Chicken Pot pie w/ mashed Potatoes OR Sloppy Joe/bun Garden Salad Sweet Potato Fries Fresh Carrots Pears	27 Steak Salad w/ MG roll OR Mozzarella sticks w/ Dip Sauce Garden Salad Broccoli w/ cheese Fruit Cocktail	28 Pulled Pork Sandwich Garden Salad Corn Cucumber slices Peaches	29 Fish Sticks w/ goldfish crackers OR Pepperoni Pizza Green Beans Celery Sticks Applesauce	
						

Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hamburger (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hot Dog (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Daily Alternative Option. *This option is GLUTEN FREE*
---	--	---	--	---	--