



Redbank Valley Intermediate School

March 2015

Monday	Tuesday	Wednesday	Thursday	Friday	
26 Ham & Turkey Sub OR Meatball Sandwich Garden Salad Cherry Tomatoes Peaches	27 Chicken Tenders w/ WG Roll Garden Salad Corn Pears	28 Cheese & Potato Pierogies w/ Roll OR Bacon Turkey Wrap Garden Salad Baked Beans Peas Pineapple	1 Chicken Tenders w/ WG Roll Garden Salad Corn Pears	2 Fish Sticks w/ goldfish crackers OR Cheese Pizza Celery Sticks Sweet Potatoes Fruit Cocktail	Looking for cafeteria workers. We have 3 positions open and need substitutes. If interested pick up an application at district office.
5 Chicken Nuggets w/ side of Mac n Cheese Garden Salad, Corn, & Pineapple	6 Corndog on Stick w/ Cheez IT Crackers Garden Salad Sweet Potatoes Apple Slices	7 Bosco Breadstick w/ dipping sauce OR Sloppy Joe/bun Garden Salad, Baked Beans, Fresh Carrots	8 Steak Salad w/ multi grain roll OR Pizza Bites w/ dip sauce Garden Salad Broccoli w/ Cheese Peaches	9 Stuffed Crust Pizza Green Beans French Fries Applesauce	You can apply for Free & Reduced lunches at any time during the year. Please visit paschoolmeals.com to apply or call the cafeteria for a paper application
12 Browned Beef & Gravy over Mashed Potatoes & Bread Slice w/ Butter Garden Salad, Corn, & Pineapple	13 Tomato or Chicken Noodle Soup w/ Toasted Cheese or Ham/Chs Sandwich Garden Salad, Baked Beans, Fresh Carrots	14 Chicken Fingers w/ Multigrain Roll Garden Salad Broccoli w/ Cheese Peaches	15 Pulled Pork Sandwich Garden Salad Green Beans French Fries Applesauce	16 Popcorn Shrimp w/ 1/2 Toasted Cheese Sandwich Sweet Potatoes Apple slices	Breakfast is FREE TO ALL STUDENTS. Please stop in and start your day off in the cafeteria.
19 Spaghetti W/ meat sauce & garlick brd stick Green Beans Applesauce	20 Hamburger on Bun Baked Beans Celery Sticks Pineapple	21 Chicken & Ranch Twister Garden Salad Tater Tots Peaches	22 Walking Taco Garden Salad Fresh Carrots Pears	23 Cheese Pizza Garden Salad Broccoli w/ Cheese Sweet Potatoes Fruit Cocktail	All Lunches Served with choice of milk. Online payment options at www.myschoolbucks.com
26 Mini Raviolis w/ Brd stick Broccoli w/ Cheese sauce Celery Sticks Peaches	27 Pepperoni Pizza Garden Salad Baked Beans Pears	28 Chicken Patty (Hot or Plain) French Fries Fresh Carrots Peaches	29 No School!	30 No School!	Follow us on Twitter @rbvalleycafe **Menu subject to change without notice

Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hamburger (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Hot Dog (no bun), Brown Rice, Daily Fruit/Veggie	Yogurt, String Cheese, Brown Rice, Daily Fruit/Veggie	Daily Alternative Option. *This option is GLUTEN FREE*
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