

Monday	Tuesday	Wednesday	Thursday	Friday	
2 Popcorn Chicken Bread stick Mashed Potatoes Pears	3 Corndogs Broccoli w/ Cheese sauce Mixed Fruit	4 Cheeseburger French Fries Baked Beans Oranges	5 Pulled Pork Sandwich Green Beans Pineapple	6 Big Daddy Cheese Pizza Peas Applesauce	Parents, need extra money? The Redbank Valley Cafeteria is hiring
9 Bosco Breadsticks w/ dipping sauce Baked Beans Peaches	10 Chicken Patty on bun Sweet Potato Fries Cucumber Slices w/ ranch Mixed Fruit	11 Italian Hoagie Lettuce & Tomato Cup Broccoli w/ cheese sauce Applesauce	12 Chicken Noodle Soup & Toasted Cheese Sandwich Roasted Carrots Pineapple	13 Softshell Taco w/ Churro & lettuce/Tomato Cup Corn Pears	Students may choose one of the daily entree choices that include a protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables, and a milk serving.
16 NO SCHOOL ACT 80 DAY	17 Breaded Chicken leg Mashed Potatoes Green Beans Pears	18 Meatball Sandwich Garden Salad California Veggies Pineapple	19 Nachos & Cheese w/ pretzel rod Texas Beef & Rice Corn Peaches	20 Chicken Tenders w/ dinner roll Garden Salad Sweet Potato Fries Mixed Fruit	
23 Mandarin Orange Chicken w/ fried rice Peas Pineapple	24 French Toast Sticks W/ Sausage Patty Garden Salad Tator Tots Pears	25 Sloppy Stacker Garden Salad Green Beans Cherry Tomatoes Mixed Fruit	26 Pepperoni Pizza Garden Salad Sweet Potato Fries California Veggies Applesauce	27 Hot Ham & Cheese Bagel Garden Salad Baked Beans Peaches	All Lunches Served with choice of milk. Online payment options at www.myschoolbucks.com
30 Hotdog on bun Garden Salad Peas Peaches	31 Walking Taco Garden Salad Corn Cucumber Slices Mixed Fruit	1 Sloppy Joes Garden Salad French Fries Cherry Tomatoes Applesauce	2 Chicken Nuggets w/ side of mac n cheese Garden Salad Green Beans Pineapple	3 Breaded Mozz Sticks w/ dipping sauce Garden Salad Broccoli Pears	LUNCH & BREKFAST ARE FREE TO ALL STUDENTS FOR THE 2022-2023 SCHOOL YEAR
Yogurt, String Cheese, Granola Pkt, Daily Fruit/Veggie	Hamburger (no bun), Corn Chips, Daily Fruit/Veggie	Yogurt, String Cheese, Granola Pkt, Daily Fruit/Veggie	Hot Dog (no bun), Corn Chips, Daily Fruit/Veggie	Yogurt, String Cheese, Granola Pkt, Daily Fruit/Veggie	Daily Alternative Option. *This option is GLUTEN FREE*
Alternative entrée option Peanut Free WOW Butter and Jelly sandwiches served daily. MENUS SUBJECT TO CHANE WITHOUT NOTICE					